



EDINBURGH GENBUKAN

SEMINAR

8-9th March 2014

at

The Studio, Edinburgh Festival Theatre

Instructors: John Honisz-Greens (Rokudan Renshi - ZNKR)
Greg Drewe (Rokudan Renshi - BKA)
Anna Stone (Rokudan Renshi - BKA)
Neil Kemp (Rokudan - Eikoku Roshukai)
Hugh Darby (Rokudan - BKA)
Detlef Uedelhoven (Rokudan - CIF)

Schedule: Saturday: 0900 – 1200 / 1245 – 1700
Sunday: 0900 – 1200 / 1245 – 1700

Saturday will be spent doing the ZNKR Seitei forms and Sunday koryu forms. This seminar will focus on and discuss the fundamentals of correct sword and body movement that make kata alive and effective. Building upon the success of the September Seminar, participation in both structured enbukai and judging practice will allow all participants a chance to get and give feedback, while being supervised by seniors who will challenge their decisions. Although many variations and methods exist, all participants should leave with a deeper understanding of what makes kata fundamentally more correct and therefore successful. Suitable for dan grades.

The cost for this seminar is £40 per person. To reserve your place please complete the enclosed booking form and return it, along with a cheque for £40 payable to Edinburgh Genbukan (by 1st February) to:

Matthew Bielby
43/5 Lochrin Place
Edinburgh
EH3 9RB

Please contact icewindbilbo@gmail.com if you wish to pay by bank transfer.

A short list of local hotels accompanies this flyer. Please note this is a new venue for Edinburgh Genbukan seminars.



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Booking Form

Name _____

Address _____

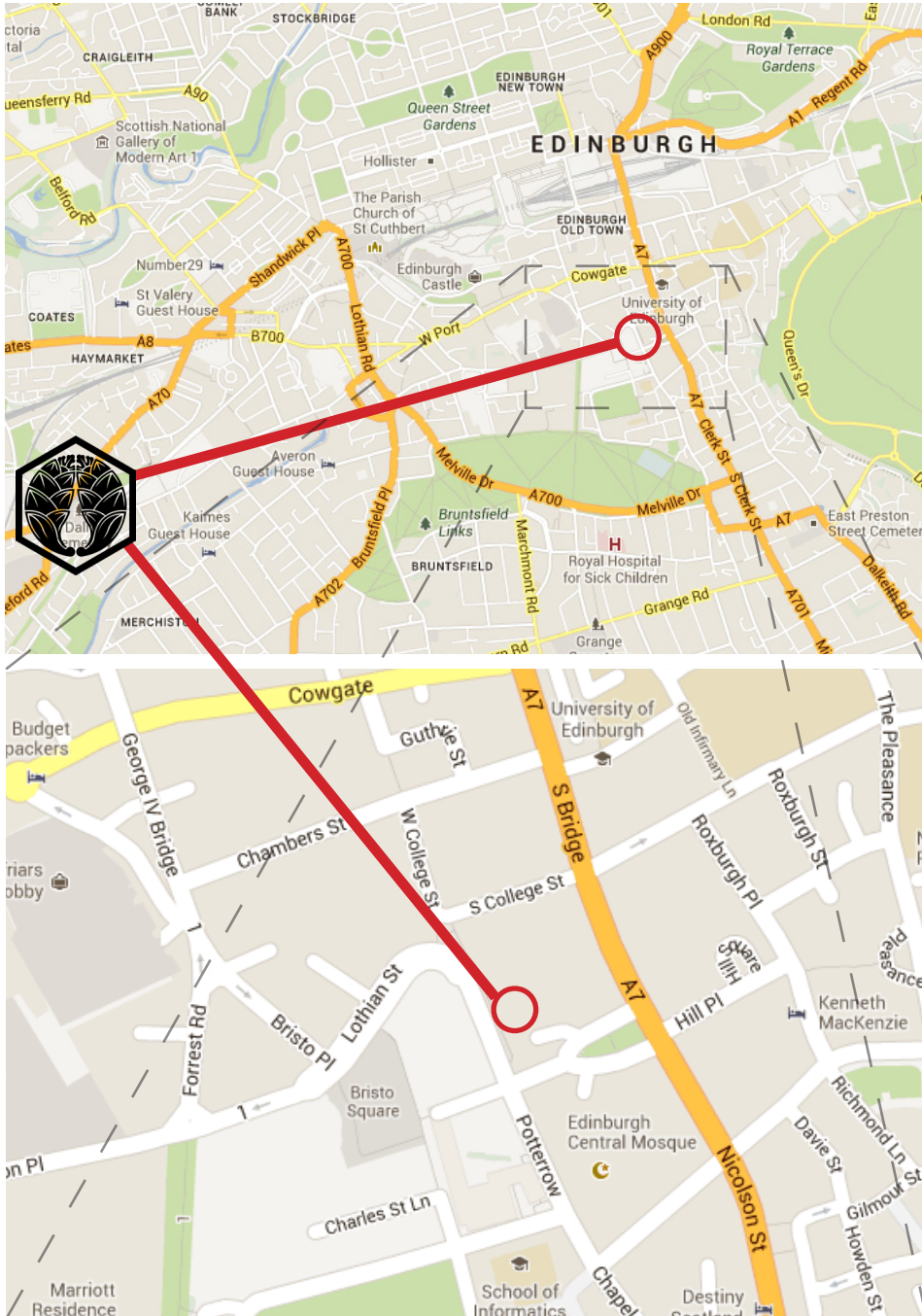
Mobile _____

Email _____

Dojo _____

Grade _____

Which Koryu do you practice? _____



Suggested Local Hotels

Travel Lodge Edinburgh Central
 33 St Marys Street
 Edinburgh
 EH1 1TA
 08719 846137
www.travelodge.co.uk
 Price: ££

Radisson Blu Edinburgh
 80 High Street
 The Royal Mile
 Edinburgh
 EH1 1TH
 08719 846137
www.radissonblu.co.uk/hotel-edinburgh

Holiday Inn Express
 300 Cowgate
 Edinburgh
 EH1 1NA
 0131 524 8400
www.hiedinburgh.co.uk
 Price: ££

Cowgate Tourist Hostel
 96-112 Cowgate
 Edinburgh
 EH1 1JN
www.cowgatehostel.com
 Price: £

Dojo Location
 The Studio
 Edinburgh Festival Theatre
 Edinburgh
 EH8 9FT

The entrance to The Studio is on Potterrow, around the back of the theatre. The dojo is also easy to get to from Edinburgh Airport, and Edinburgh Waverley station. Please contact Matt Bielby if you require help finding your way!